

November 28, 2017

## Press Release

From: Silver Bay YMCA Teen Center – Ticonderoga

# YMCA TEEN CENTER CELEBRATES THANKSGIVING

**TICONDEROGA, NY:** The Silver Bay YMCA Teen Center – Ticonderoga held a special Thanksgiving Celebration on Tuesday, November 21 at their facility on Champlain Avenue.

The Teen Center participants and Members of the Silver Bay staff gathered to prepare and enjoy a traditional Thanksgiving meal. The teens learned how to prepare, cook and carve a turkey; make mashed potatoes, create stuffing, bake pies and more while using safe food handling practices. Food preparation was supervised by Nick Rama, Silver Bay's Development Director and former Chef Instructor at The Culinary Institute of America. Some of the food was donated by the Silver Bay staff.

30 teens and over 20 family members and staff were in attendance. 17 of the teens were involved in food preparation. "It was a wonderful event" said Jackie Palandrani, Silver Bay's Youth and Teen Director. "The teens really enjoyed themselves and got a lot out of the entire experience" Palandrani continued. "We hope to make this a continued tradition."

The Silver Bay YMCA Teen Center-Ticonderoga serves grades 6-12 and entirely funded by the generosity of people in the community and members of Silver Bay YMCA. The Teen Center brings after-school and weekend tutoring and recreational activities to teens in the greater Hague and Ticonderoga area. Donations to the Teen Center can be made at [www.silverbay.org/giving](http://www.silverbay.org/giving)



**Left to right: Teen Center Participants Donte, Romair, and Romeo enjoying the feast.**

November 28, 2017

**About Silver Bay YMCA: Silver Bay YMCA, Silver Bay, NY:** Silver Bay YMCA was founded in 1902 and is located in Silver Bay, NY, just minutes south of Hague, NY. Its 700 acre campus along one mile of Lake George shoreline offers a wide breadth of programs for all ages. Silver Bay YMCA presently employs 45 full-time staff members with a seasonal staff of 200. Silver Bay YMCA is consistently ranked one of the top ten family reunion sites in the country and is on the National Register of Historic Places with the U.S. Department of the Interior.

Silver Bay has also won many outstanding awards and has been featured in several national media, including:

- Best on Lake George and Best Exceptional Amenities (2016) LakeGeorge.com
- Best Resort (2015 & 2017) Adirondack Life Magazine
- Special Distinguished Business Award (2015) Adirondack Business Council
- Best Venue for Family Reunions (2014, 2015, 2016, 2017) Unique Venues Magazine
- New York Times (Travel Section - September 2014)
- Better Homes and Gardens (May 2014)

Silver Bay YMCA is a leader in Lake George stewardship and was the first on Lake George to be awarded LID (Low Impact Development) certification in 2016 for its newly relocated parking area.

As a mission based charity, Silver Bay YMCA offers outreach programs in addition to its core activities as a premier conference and family retreat center. Those activities include:

- Ticonderoga Teen Center
- Open Pathways (Access to Silver Bay YMCA for the underprivileged)
- Youth and Government Program (covering Queensbury to Ticonderoga)
- Cancer Respite Program (Free respite for local cancer patients)
- Military R and R Program (Free getaway for recently deployed veterans and their families)
- Brookside Trinity Ministry (Free respite and sabbatical getaways for clergy)
- Vacations Made Possible (Free getaways for local underprivileged families)

**MISSION:** The mission of Silver Bay YMCA is to foster a lifelong sense of belonging, strengthen relationships, and nurture spirit, mind, and body for all.

**DESIRED IMPACT:** Because of Silver Bay YMCA, personal and family bonds are stronger. People are more connected, respectful, and caring and have the confidence to develop to their fullest potential and impact the communities in which they live. They are inspired by the beauty of the landscape at Silver Bay and are better stewards of the environment.

[www.silverbay.org](http://www.silverbay.org)

**Media contacts:**

Steve Tamm, Chief Executive Officer  
SILVER BAY YMCA  
87 Silver Bay Road, Silver Bay, NY 12874  
(P) 518 543 8525

November 28, 2017

(E) [stamm@silverbay.org](mailto:stamm@silverbay.org)