

FOR IMMEDIATE RELEASE

SILVER BAY RECEIVES IP GRANT

MARCH 30, 2018

Silver Bay, NY: Silver Bay YMCA is pleased to announce their continued and strengthened partnership between the International Paper Corporation and the Silver Bay YMCA Teen Center – Ticonderoga.

The International Paper Corporation has generously awarded a grant in the amount of \$5,000 to support the Healthy Meal Program offered by Silver Bay YMCA Teen Center – Ticonderoga. Healthy Meal is one of many important programs offered by the Teen Center. It is designed to provide students with opportunities to prepare a nutritious evening meal for members who are in attendance. Along with teaching teens the basics of meal preparation, this program empowers young women and men to become self-sufficient, helping them to acquire the tools needed to succeed as they grow into adulthood.

“We are so thankful for this grant,” said Jackie Palandrani, Silver Bay YMCA’s Youth & Teen Director. “The Healthy Meal Program doesn’t just teach meal prep. It provides opportunities for the teens to share meals together, which is the best bonding experience.”

Since opening in 2012, the Center has become a second home to many young people in Warren and Essex Counties. At the Teen Center, teens experience social development, educational support and leadership training to give them the tools they need to create the foundation for a successful future.

The Teen Center has experienced a surge in attendance compared to 2016. This increase in numbers shows the need for this program, as well as demonstrates a trust that has developed between the Teen Center and local families.

The generosity of International Paper Corporation will sustain and grow this program for the benefit of the children and families of Hague and Ticonderoga.

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Attached photo: Left to right: Teen Center Participants Donte, Romair, and Romeo enjoying a meal at the Teen Center.

Note to Editor:

Silver Bay YMCA was founded in 1902 and is located in Silver Bay, NY, just minutes south of Hague, NY. Its 700 acre campus along one mile of Lake George shoreline offers a wide breadth of programs for all ages. Silver Bay YMCA presently employs

45 full-time staff members with a seasonal staff of 200. Silver Bay YMCA is consistently ranked one of the top ten family reunion sites in the country and is on the National Register of Historic Places with the U.S. Department of the Interior.

Silver Bay has also won many outstanding awards and has been featured in several national media, including:

Best Resort (2018, 2017, 2015) Adirondack Life Magazine
Best Venue for Family Reunions (2017, 2016, 2015, 2014) Unique Venues Magazine
Best on Lake George and Best Exceptional Amenities (2016) LakeGeorge.com
Special Distinguished Business Award (2015) Adirondack Business Council
New York Times (Travel Section) September 2014
Better Homes and Gardens (May 2014)

Silver Bay YMCA is a leader in Lake George stewardship and was the first on Lake George to be awarded LID (Low Impact Development) certification in 2016 for its newly relocated parking area.

As a mission based charity, Silver Bay YMCA offers outreach programs in addition to its core activities as a premier conference and family retreat center. Those activities include:

- Ticonderoga Teen Center
- Open Pathways (Access to Silver Bay YMCA for the underprivileged)
- Youth and Government Program (covering Queensbury to Ticonderoga)
- Cancer Respite Program (Free respite for local cancer patients)
- Military R & R Program (Free getaway for recently deployed veterans and families)
- Brookside Trinity Ministry (Free respite and sabbatical getaways for clergy)
- Vacations Made Possible (Free getaways for local underprivileged families)

The mission of Silver Bay YMCA is to foster a lifelong sense of belonging, strengthen relationships, and nurture spirit, mind, and body for all.

www.silverbay.org

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