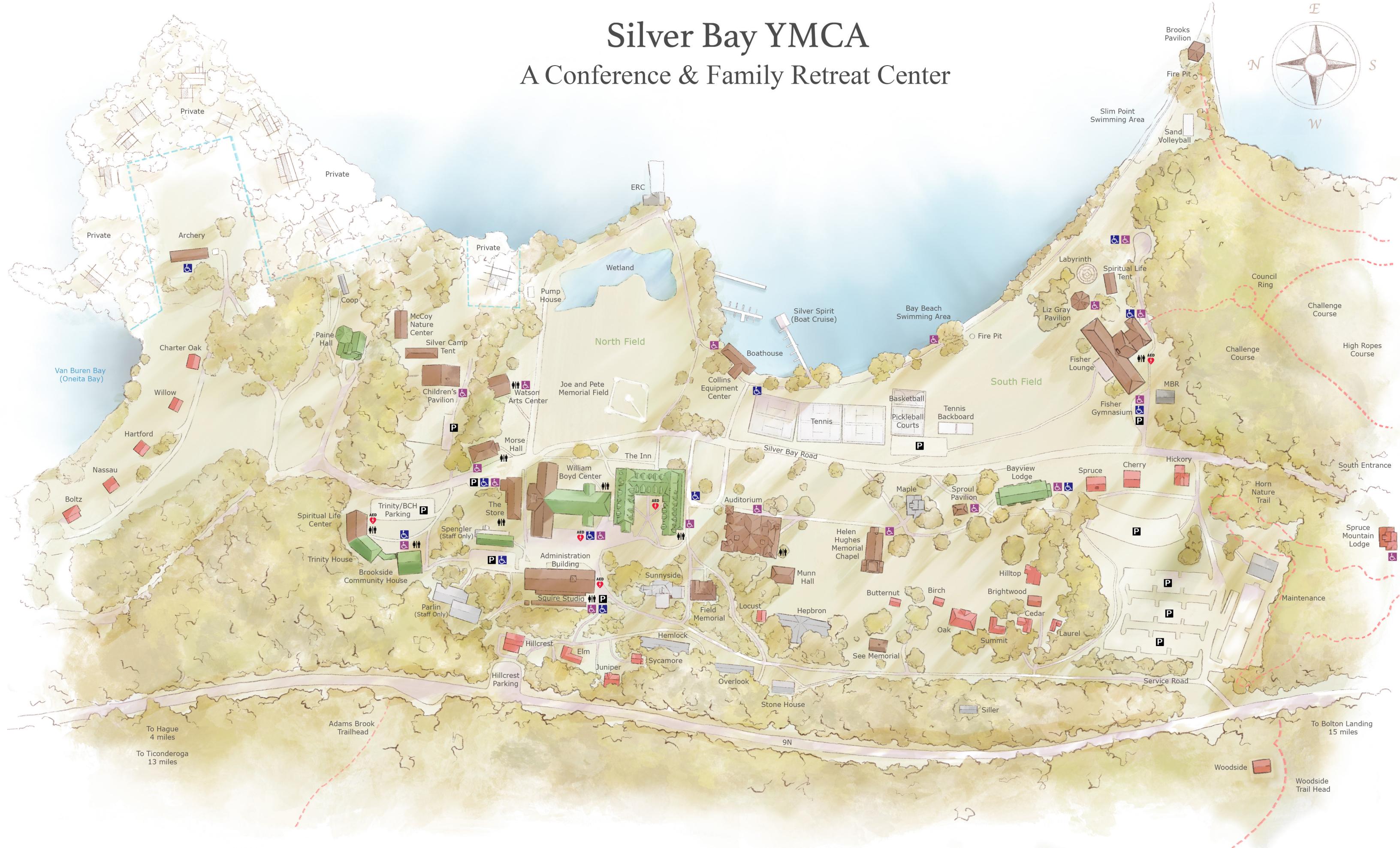
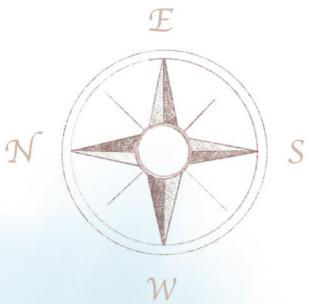


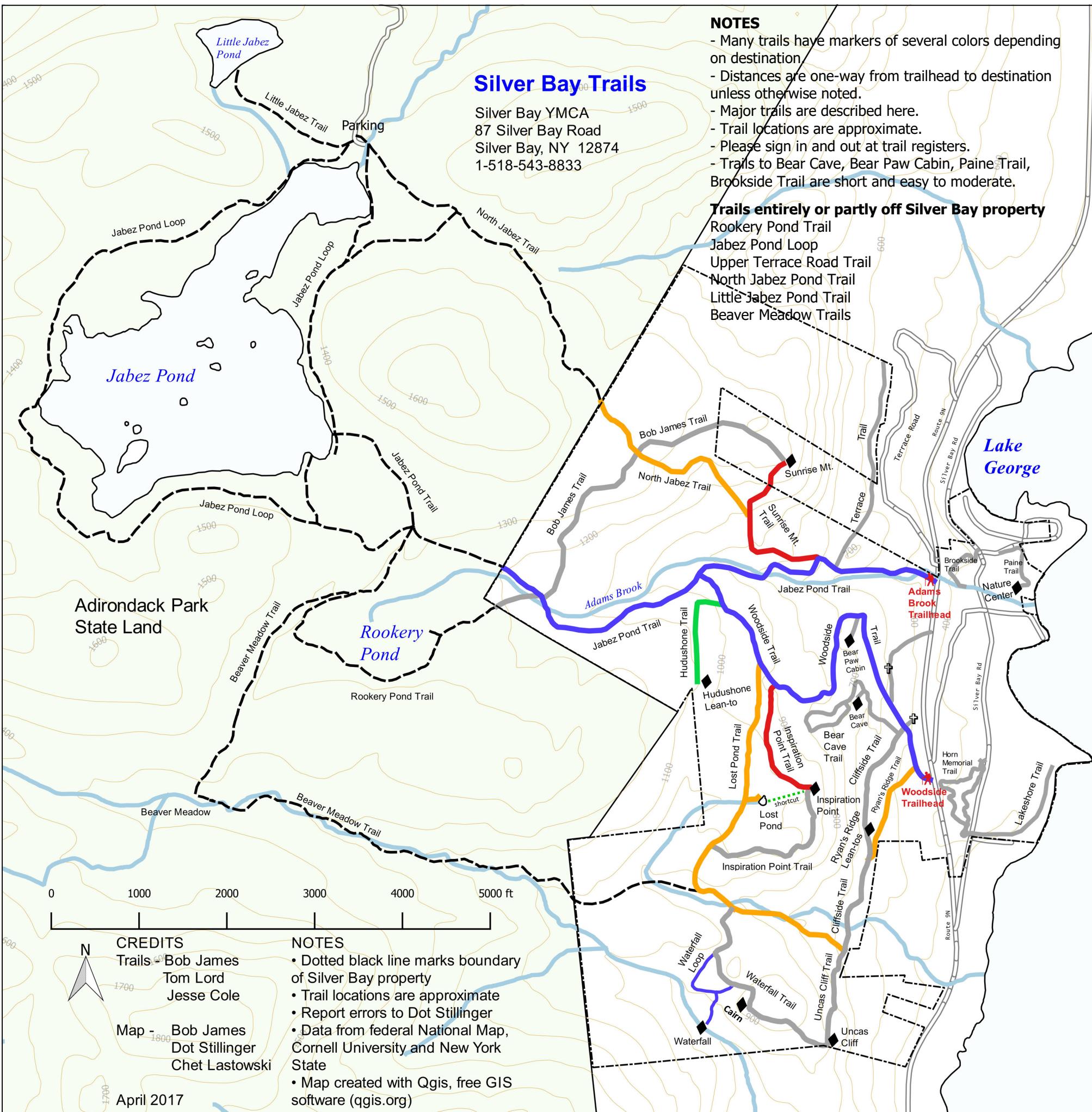
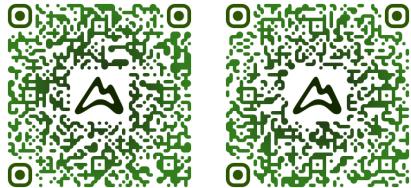
# Silver Bay YMCA

## A Conference & Family Retreat Center



# SILVER BAY TRAILS

NOW ON  
ALLTRAILS!



**WOODSIDE TRAIL HEAD** (located across Route 9N at south entrance to service road) is the starting point for the following destinations.

**Inspiration Point.** Red markers. Access Inspiration Point from the north. Follow blue trail, an old logging road, until abrupt left turn onto red trail into woods. Steady upward climb. Moderate. 1 mile. 600 ft elevation gain.

**Inspiration Point.** Access Inspiration Point from the south. Start on blue/white trail, left turn onto white Cliff side trail, at junction with orange trail sharp right, follow orange trail to junction with white trail at stream, sharp right onto white trail, white trail to sharp right at junction with red trail, follow red trail to Inspiration Point. Steady upward climb. Moderate. 1.5 miles. 600 ft elevation gain.

**Ryan's Ridge Lean-tos.** Orange markers. Left turn off blue/white trail onto orange trail to Ryan's Ridge Lean-tos. In 2007 two lean-tos were built for children's programs in memory of Ryan Dickson, former Emp. Easy. 0.25 mile. 150 ft. elevation gain.

**Uncas Cliff.** White markers. Follow blue/white trail to left turn onto white Cliff side Trail along base of escarpment marking ancient fault. Continue straight ahead on white trail at junction with orange trail. Steady upward climb, one very steep section. End at legendary cliff with remarkable view of lake. Difficult. 0.75 mile. 400 ft elevation gain.

**Skipper Mac's Cairn.** White markers. Continue from Uncas Cliff on white trail, one short, steep climb, arrive at large cairn with views of the lake to the south and of Catamount Mt. to the west. Moderate from Uncas Cliff to Cairn. 1 mile and 600 ft elevation gain from trail head.

**Uncas Waterfall from Cairn.** Blue markers. Follow blue trail to small waterfall. Easy from Cairn. 1.25 mile and 600 ft elevation gain from trail head.

**Uncas Waterfall from Woodside trail head.** White markers. Follow blue/white trail to left turn onto white Cliff side trail, sharp right turn onto orange trail, sharp left turn onto white trail, then blue trail to Waterfall. Steady upward climb, minor dips. Moderate. 1.25 mile and 450 ft elevation gain from trail head.

**Lost Pond from south.** Orange markers. Follow blue/white trail, left onto white Cliff side trail, sharp right turn onto orange trail, sharp right turn at stream onto white trail, straight ahead at junction with orange trail, proceed to side trail to a small vernal pond. Steady uphill climb. Moderate. 1.25 mile. 600 ft elevation gain.

**Lost Pond from north.** Orange markers. Follow blue trail past junction to Inspiration Point to junction with trail with only orange markers, sharp left turn onto orange trail, continue to junction with side trail to pond. Mostly uphill. Moderate. 1 mile. 600 ft elevation gain.

**Hudushone Lean-to.** Green markers. Blue trail to sharp left onto trail with only green markers. Steady uphill climb. Stunning views in an unspoiled wilderness setting. Moderate to difficult. 1 mile. 800 ft elevation gain.

**Jabez Pond from Woodside trail head.** Blue markers. Follow blue trail to junction with another blue trail, bear left, follow that blue trail to Silver Bay property line and then follow state markers to pond. Moderate underfoot but long and all uphill. 2.2 miles. 900 ft elevation gain.

**ADAMS BROOK TRAIL HEAD** (located across Route 9N from Hillcrest Cottage) is the starting point for the following destinations.

**Jabez Pond** from Adams Brook trail head. Blue markers. Follow blue trail to Silver Bay property line and then state markers to pond. Moderate underfoot but long and all uphill. 1.5 miles, 900 ft elevation gain.

**Sunrise Mountain.** Red markers. A difficult trail with rocky terrain and steep inclines; one of Silver Bay's most challenging hikes. 0.75 mile. 800 ft elevation gain.

**Bob James Trail.** White markers. A moderate to difficult trail which connects Sunrise Mountain to the Jabez Pond trail. It offers a more gradual ascent to Sunrise Mt. from the west. 0.75 mile following white markers from the blue Jabez Pond trail to Sunrise Mt. 300 ft total elevation gain.

**North Jabez Trail.** Orange markers. A moderate trail that climbs to state land and the north end of Jabez Pond. Left turn off Sunrise Mt. trail onto orange trail. 1.75 miles from Adams Brook trail head to pond. 900 ft elevation gain.

**ON-CAMPUS TRAILS** Horn Memorial Nature Trail. White markers. Start at kiosk across from Fisher Gym. Level trail with 30 marked stations noting natural features. Easy. 1.25 mile loop.

**Lakeshore Trail.** White markers. Start at beach on south side of Slim Point. Gorgeous mini trail, the short steep climb is over almost before it starts, views, wildflowers. Easy. 0.5 mile. 100 ft elevation gain.