

# THE WEEKLY BREEZE

JULY 27TH - AUGUST 3RD 2024



## SATURDAY JULY 27TH

### YOGA

9:00 a.m. - 10:00 a.m.  
Fisher East Gym

### CARDIO KICK BOXING

Zoom & In Person  
9:00 a.m. - 10:00 a.m.  
Dance Studio in Fisher Gym

### CHAPLAIN'S HIKE TO HEAVEN

9:30 a.m. - 11:30 a.m.  
Starts at the Inn South Porch

### DISC GOLF DOUBLES

2:00 p.m. - 5:00 p.m.  
Kaiser Disc Golf Course

### VESPERS

7:15 p.m. - 7:45 p.m.  
Helen Hughes Memorial Chapel

### CONCERT: GLENS FALLS SYMPHONY ORCHESTRA

7:30 p.m. - 9:15 p.m.  
Auditorium

## SUNDAY JULY 28TH

**BARRE CLASS** - Zoom & In-Person  
8:00 a.m. - 9:00 a.m.  
Dance Studio in Fisher Gym

### YOGA

9:00 a.m. - 10:00 a.m.  
Fisher East Gym

### ARCHERY TIC TAC TOE

9:00 a.m. - 12:00 p.m.  
Archery Range

### COMMUNITY CHOIR

9:00 a.m. - 10:00 a.m.  
Auditorium

### SUNDAY WORSHIP SERVICE

10:00 a.m. - 11:00 a.m.  
Auditorium

### STEP AEROBIC

10:10 a.m. - 11:10 a.m.  
Dance Studio in Fisher Gym

### BEGINNER ARCHERY

1:00 p.m. - 3:00 p.m.  
Archery Range

### POTTERY WHEEL LESSONS

1:30 p.m. - 8:50 p.m.  
Squire Studio  
\*Sign up at Front Desk required \$

### INTERMEDIATE ARCHERY

3:00 p.m. - 5:00 p.m.  
Archery Range

### HYMN SING

7:15 p.m. - 7:45 p.m.  
Helen Hughes Memorial Chapel

### THE BUZZ ON LAKE GEORGE LECTURE BY GINGER KUENZEL

7:30 p.m. - 9:00 p.m.  
Morse Hall

### FAMILY MOVIE NIGHT - CLOUDY WITH A CHANCE OF MEATBALLS (2009)

7:30 p.m. - 9:30 p.m.  
Watson

### STRING QUARTET PERFORMANCE

8:00 p.m. - 9:00 p.m.  
WBC Conference Room

## MONDAY JULY 29TH

### SUNRISE LABYRINTH WALK

5:30 a.m. - 6:00 a.m.  
Outdoor Labyrinth

**YOGA** - Zoom & In-Person  
8:00 a.m. - 9:00 a.m.  
Dance Studio in Fisher Gym

### CHILDREN'S TENNIS LESSONS

8:00 a.m. - 8:30 a.m.  
Tennis Courts

### ADULT TENNIS LESSONS

8:30 a.m. - 10:00 a.m.  
Tennis Courts

### YOGA

9:00 a.m. - 10:00 a.m.  
Fisher East Gym

### INTRODUCTION TO ARCHERY

9:00 a.m. - 10:30 a.m.  
Archery Range

### TENNIS DOUBLES

9:00 a.m. - 11:00 a.m.  
Tennis Courts

### BEGINNER BASKETRY

9:00 a.m. - 12:00 p.m.  
Sign up at Squire Studio \$

### PICKLEBALL ROUND ROBIN

9:30 a.m. - 10:30 a.m.  
Pickleball Courts

### SCRIPTURE COLLAGE

10:00 a.m. - 11:30 a.m.  
Spiritual Life Tent

### POTTERY WHEEL LESSONS

10:00 a.m. - 4:30 p.m.  
Squire Studio  
\*Sign up at Front Desk required \$

### PILATES

10:10 a.m. - 11:10 a.m.  
Dance Studio in Fisher Gym

### ARCHERY IS A METAPHOR OF LIFE LECTURE BY REV. DR. JIM OM

10:30 a.m. - 12:00 p.m.  
Archery Range  
Visit our website for more information

### PICKLEBALL MIXED PLAY

1:00 p.m. - 2:00 p.m.  
Pickleball Courts

### ZOMBIE ARCHERY SHOOT

1:00 p.m. - 2:30 p.m.  
Archery Range

# THE WEEKLY BREEZE

JULY 27TH - AUGUST 3RD 2024



## SAILING CLASS

4 day class Monday - Thursday  
1:00 p.m. - 3:30 p.m.  
Boathouse \*Monday Sign up required

## CAMPUS WILDFLOWER WALK

2:00 p.m. - 3:00 p.m.  
Nature Center

## BRIDGE CLUB

7:00 p.m. - 9:00 p.m.  
Watson

## VESPERS

7:15 p.m. - 7:45 p.m.  
Helen Hughes Memorial Chapel

## SQUARE DANCE

7:30 p.m. - 9:00 p.m.  
Outdoor Basketball Courts  
Rain Location East Gym

## OPEN MIC NIGHT

8:00 p.m. - 9:00 p.m.  
The Store

## TUESDAY JULY 30TH

**PILATES** - Zoom & In-Person  
8:00 a.m. - 9:00 a.m.  
Dance Studio in Fisher Gym

## CHILDREN'S TENNIS LESSONS

8:00 a.m. - 8:30 a.m.  
Tennis Courts

## ADULT TENNIS LESSONS

8:30 a.m. - 10:00 a.m.  
Tennis Courts

## GUIDED HIKE: JABEZ POND

8:45 am - 12 p.m.  
Starts at the Inn South Porch

## YOGA

9:00 a.m. - 10:00 a.m.  
Fisher East Gym

## TENNIS DOUBLES

9:00 a.m. - 11:00 a.m.  
Tennis Courts

## SOUL HIKE: INSPIRATION POINT

9:15 a.m. - 10:45 a.m.  
Starts at the Inn South Porch

## PICKLEBALL ROUND ROBIN

9:30 a.m. - 10:30 a.m.  
Pickleball Courts

## STEP AEROBIC

10:10 a.m. - 11:10 a.m.  
Dance Studio in Fisher Gym

## INTERMEDIATE ARCHERY

10:30 a.m. - 12:00 p.m.  
Archery Range

## PICKLEBALL MIXED PLAY

1:00 p.m. - 2:00 p.m.  
Pickleball Courts

## HIGH ROPES COURSE

2:30 p.m. - 4:30 p.m.  
\*Sign up at Front Desk required

## ARCHERY BALLOON SHOOT

3:30 p.m. - 5:00 p.m.  
Archery Range

## YOUTH DODGE BALL (Ages 12-15)

7:00 p.m. - 8:00 p.m.  
Fisher West Gym

## VESPERS

7:15 p.m. - 7:45 p.m.  
Helen Hughes Memorial Chapel

## FAMILY TRIVIA NIGHT

8:00 p.m. - 9:00 p.m.  
The Store

## ERIK KIHSS & FRIENDS CONCERT

8:00 p.m. - 9:00 p.m.  
Visit our website for more information

## INTERNATIONAL DISCUSSION

8:00 p.m. - 9:00 p.m.  
Morse Hall

## WEDNESDAY JULY 31ST

## SILVER SPIRIT TOUR & HIKE TO BLACK MOUNTAIN

7:30 a.m. - 1:30 p.m.  
Starts at the Boathouse  
\*Sign up required \$

## CARDIO KICK BOXING -

Zoom & In-Person  
8:00 a.m. - 9:00 a.m.  
Dance Studio in Fisher Gym

## CHILDREN'S TENNIS LESSONS

8:00 a.m. - 8:30 a.m.  
Tennis Courts

## ADULT TENNIS LESSONS

8:30 a.m. - 10:00 a.m.  
Tennis Courts

## YOGA

9:00 a.m. - 10:00 a.m.  
Fisher East Gym

## TENNIS DOUBLES

9:00 a.m. - 11:00 a.m.  
Tennis Courts

## VOLUNTEER GARDEN CLUB

9:00 a.m. - 11:00 a.m.  
Fisher Gym

## PICKLEBALL ROUND ROBIN

9:30 a.m. - 10:30 a.m.  
Pickleball Courts

## HIGH ROPES COURSE

9:30 a.m. - 11:30 a.m.  
\*Sign up at Front Desk required

# THE WEEKLY BREEZE

JULY 27TH - AUGUST 3RD 2024



## PRACTICE THE PRESENCE OF GOD THROUGH PADDLING WITH REV. DR. JIM OM

10:00 a.m. - 11:30 a.m.  
Boathouse

## PILATES

10:10 a.m. - 11:10 a.m.  
Dance Studio in Fisher Gym

## AMERICAN RED CROSS BLOOD DRIVE

12:00 p.m. - 4:30 p.m.  
WBC Conference Room

## PICKLEBALL MIXED PLAY

1:00 p.m. - 2:00 p.m.  
Pickleball Courts

## INTERMEDIATE BASKETRY

1:00 p.m. - 4:30 p.m.  
Sign up at Squire Studio \$

## BEGINNER ARCHERY

3:00 p.m. - 5:00 p.m.  
Archery Range

## GRILL NIGHT

5:30 p.m. - 7:00 p.m.  
WBC Porch & Patio

## ADULT DODGE BALL

7:00 p.m. - 8:00 p.m.  
Fisher West Gym

## CLOUT SHOOT

7:00 p.m. - 8:00 p.m.  
North Field

## VESPERS

7:15 p.m. - 7:45 p.m.  
Boathouse

## 1940 EUROPE IN TURMOIL LECTURE BY ROBERT LEWIS

7:30 p.m. - 9:00 p.m.  
Morse Hall

Visit our website for more information

## STORYBOOK THEATRE OPEN DRESS REHEARSAL

8:00 p.m. - 10:00 p.m.  
Auditorium

## FAMILY BINGO

8:00 p.m. - 9:00 p.m.  
The Store

## WATERCOLOR PRESENTATION

8:00 p.m. - 9:30 p.m.  
Watson

## THURSDAY AUGUST 1ST

## BIRDING WALK

7:30 a.m. - 8:30 a.m.  
Starts at Inn South Porch

## BARRE CLASS - Zoom & In-Person

8:00 a.m. - 9:00 a.m.  
Dance Studio in Fisher Gym

## CENTERING PRAYER

8:00 a.m. meets via Zoom  
Contact [kskalla@silverbay.org](mailto:kskalla@silverbay.org)

## CHILDREN'S TENNIS LESSONS

8:00 a.m. - 8:30 a.m.  
Tennis Courts

## ADULT TENNIS LESSONS

8:30 a.m. - 10:00 a.m.  
Tennis Courts

## GUIDED HIKE: INSPIRATION POINT

8:45 am - 12:00 p.m.  
Starts at the Inn South Porch

## YOGA

9:00 a.m. - 10:00 a.m.  
Fisher East Gym

## BOOK TALK: NORTHERN SPY BY FLYNN BERRY

9:00 a.m. - 10:00 a.m.  
Boathouse Porch

## TENNIS DOUBLES

9:00 a.m. - 11:00 a.m.  
Tennis Courts

## PICKLEBALL ROUND ROBIN

9:30 a.m. - 10:30 a.m.  
Pickleball Courts

## TABLE TENNIS INSTRUCTION

10:00 a.m. - 11:30 a.m.  
Fisher Lounge in the Gym

## STEP AEROBICS

10:10 a.m. - 11:10 a.m.  
Dance Studio in Fisher Gym

## WATERCOLOR ART SHOW & SALE

12:00 p.m. - 2:00 p.m.  
Inn Porch

## PICKLEBALL MIXED PLAY

1:00 p.m. - 2:00 p.m.  
Pickleball Courts

## INTRODUCTION TO ARCHERY

1:00 p.m. - 3:00 p.m.  
Archery Range

## TIE-DYE

1:00 p.m. - 4:00 p.m.  
Squire Studio \$

## GYOTAKU PRINTING CLASS

1:00 p.m. - 4:00 p.m.  
Squire Studio \$

## POTTERY GLAZING

1:00 p.m. - 4:30 p.m.  
Squire Studio - For wheel lessons only

## SPIRITUAL JOURNEY MAPPING

1:30 p.m. - 3:30 p.m.  
WBC Conference Room

## LECTURE BY MAGGIE SWANKE

2:00 p.m. - 3:30 p.m.  
Morse Hall

Visit our website for more information

# THE WEEKLY BREEZE

JULY 27TH - AUGUST 3RD 2024



## ZOMBIE ARCHERY SHOOT

3:00 p.m. - 5:00 p.m.  
Archery Range

## HIGH INTENSITY INTERVAL TRAINING

4:30 p.m. - 5:30 p.m.  
Fisher Gym

## LOBSTER BOIL

5:00 p.m. & 7:00 p.m.  
Boathouse \*Reservations required \$

## TENNIS EXHIBITION MATCH

5:30 p.m. - 6:30 p.m.  
Tennis Courts

## FAMILY KARAOKE

7:00 p.m. - 8:00 p.m.  
Fisher Lounge

## NATURE SERIES: FOREST RANGER CHUCK TELLS ALL

7:00 p.m. - 8:00 p.m.  
Watson

## VESPERS

7:15 p.m. - 7:45 p.m.  
Helen Hughes Memorial Chapel

## LECTURE BY KARL SWANKE

7:30 p.m. - 9:30 p.m.  
Morse Hall  
Visit our website for more information

## STORYBOOK THEATRE

8:00 p.m. - 10:00 p.m.  
Auditorium

## GLOW DISC GOLF

8:30 p.m. - 10:00 p.m.  
Collins Equipment Center

## FRIDAY AUGUST 2ND

**PILATES CLASS** - Zoom & In-Person  
8:00 a.m. - 9:00 a.m.  
Dance Studio in Fisher Gym

## MEN & WOMEN'S PRAYER BREAKFAST

8:00 a.m. - 10:00 a.m.  
WBC Dining Hall

## CHILDREN'S TENNIS LESSONS

8:00 a.m. - 8:30 a.m.  
Tennis Courts

## ADULT TENNIS LESSONS

8:30 a.m. - 10:00 a.m.  
Tennis Courts

## JOE HALM SUNRISE MOUNTAIN RUN

8:30 a.m. - 10:00 a.m.  
Race Starts at the Inn Circle

## SAILING RACE

9:00 a.m. - 9:30 a.m.  
Boathouse \*Sign up required

## FAMILY YOGA

9:00 a.m. - 10:00 a.m.  
Fisher East Gym

## TENNIS DOUBLES

9:00 a.m. - 11:00 a.m.  
Tennis Courts

## SHARP SHOOTER COMPETITION

9:00 a.m. - 12:00 p.m.  
Archery Range

## PICKLEBALL ROUND ROBIN

9:30 a.m. - 10:30 a.m.  
Pickleball Courts

## BARRE CLASS

10:10 a.m. - 11:10 a.m.  
Dance Studio in Fisher Gym

## AMERICAN SIGN LANGUAGE LECTURE BY PAUL OGDEN

10:00 a.m. - 11:30 a.m.  
Morse Hall  
Visit our website for more information

## PICKLEBALL MIXED PLAY

1:00 p.m. - 2:00 p.m.  
Pickleball Courts

## TIE-DYE

1:00 p.m. - 4:00 p.m.  
Squire Studio \$

## WIND AND A PRAYER

1:30 p.m. - 3:00 p.m.  
Spiritual Life Tent

## HIGH ROPES COURSE

2:30 p.m. - 4:30 p.m.  
\*Sign up at Front Desk required

## ARCHERY BALLOON SHOOT

3:00 p.m. - 5:00 p.m.  
Archery Range

## FAMILY CAMPFIRE

7:00 p.m. - 8:00 p.m.  
Nature Center

## VESPERS

7:15 p.m. - 7:45 p.m.  
Helen Hughes Memorial Chapel

## STORYBOOK THEATRE

8:00 p.m. - 10:00 p.m.  
Auditorium

## MUSIC ON THE CONCOURSE: SCOTT HOPKINS TRIO

8:00 p.m. - 9:00 p.m.  
The Store

## SATURDAY AUGUST 3RD

## LYNN TURNER MEMORIAL SWIM EVENT

8:00 a.m. - 10:00 a.m.  
Boathouse

## YOGA

9:00 a.m. - 10:00 a.m.  
Fisher East Gym

# THE WEEKLY BREEZE

JULY 27TH - AUGUST 3RD 2024



## CARDIO KICK BOXING

Zoom & In Person  
9:00 a.m. - 10:00 a.m.  
Dance Studio in Fisher Gym

## DISC GOLF DOUBLES

2:00 p.m. - 5:00 p.m.  
Kaiser Disc Golf Course

## CONCERT: THE 155s

8:00 p.m. - 9:00 p.m.  
Auditorium

## CHAPLAIN'S HIKE TO HEAVEN

9:30 a.m. - 11:30 a.m.  
Starts at the Inn South Porch

## VESPERS

7:15 p.m. - 7:45 p.m.  
Helen Hughes Memorial Chapel

For the most up-to-date information, see the Online Activity Calendar [www.silverbay.org/Activity-Calendar](http://www.silverbay.org/Activity-Calendar) or the Silver Bay App on the apple or google play store.



## BOAT TOUR SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 a.m. - 10:45 a.m. Harbor Island	10:00 a.m. - 11:00 a.m. Mother Bunch	10:00 a.m. - 10:45 a.m. Harbor Island	7:30 a.m. - 1:00 p.m. Black Mountain Hike	10:00 a.m. - 10:45 a.m. Harbor Island	10:00 a.m. - 11:30 a.m. Paradise Bay	10:00 a.m. - 10:45 a.m. Harbor Islands
1:00 p.m. - 2:00 p.m. Explorer	1:00 p.m. - 2:00 p.m. Explorer	1:00 p.m. - 2:00 p.m. Explorer		1:00 p.m. - 2:30 p.m. Rogers Rock	1:00 p.m. - 2:00 p.m. Explorer	1:00 p.m. - 2:00 p.m. Explorer
3:00 p.m. - 4:00 p.m. Mother Bunch	3:00 p.m. - 4:00 p.m. Gull Bay	3:00 p.m. - 4:00 p.m. Mother Bunch	3:00 p.m. - 4:00 p.m. Mother Bunch	3:00 p.m. - 4:00 p.m. Mother Bunch	3:00 p.m. - 4:00 p.m. Gull Bay	3:00 p.m. - 4:00 p.m. Mother Bunch
6:45 p.m. - 7:30 p.m. Hulett's Landing	6:45 p.m. - 7:30 p.m. Burnt Point Scenic	6:45 p.m. - 7:30 p.m. Hulett's Landing	6:45 p.m. - 7:30 p.m. Burnt Point Scenic	6:45 p.m. - 7:30 p.m. Hulett's Landing	6:45 p.m. - 7:30 p.m. Burnt Point Scenic	6:45 p.m. - 7:30 p.m. Hulett's Landing

### \*ADVANCED SIGN UP AT FRONT DESK REQUIRED

Infant (0-2) Free, **45 minutes:** Child (3-17) \$11 Adult \$22, **1 hour:** Child (3-17) \$12 Adult \$24, **1.5 hours:** Child (3-17) \$14 Adult \$28

