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Press Release

From: Silver Bay YMCA Conference and Family Retreat Center

Silver Bay YMCA Starts Free Community Membership for Local Residents

Silver Bay, NY: Silver Bay YMCA will be offering residents free fitness memberships starting November 1, 2022.

"Silver Bay is giving local residents a place to come with their families whether its to workout, play a game of disc golf or to hike our trails," said Lindsey Butler, VP of Sales and Marketing.

Butler added, "we are defining local as Bolton Landing, Silver Bay, Hague, Ticonderoga, Crown Point and Putnam." To receive your free local membership, you can fill out a form on Silver Bay YMCA's website (www.silverbay.org) or visit the Front Desk located in the historic Inn from Monday to Friday between 9AM and 4PM.

To complete membership, people will need to bring a government issued ID proving residency.

Unlike other memberships offered by Silver Bay YMCA, this one is limited to wellness only, is free annually and includes access to select Silver Bay activities. This includes Fisher Gymnasium, 9- and 18-hole disc golf, and hiking trails. This membership also entitles people to participate in the YUSA National Reciprocity Program.

"I want to make sure Silver Bay is accessible to our community no matter if its winter or summer," said Peter R. Doliber, Silver Bay YMCA CEO. Doliber added, "Silver Bay is a mission-based organization and part of our mission is community. We will continue to lean into our mission moving forward and hope to see many of our community members enjoying our amazing location."

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Note to the Editor:

Silver Bay YMCA was founded in 1902 and is in Silver Bay, NY, just minutes south of Hague, NY. Its 700-acre campus along one mile of Lake George shoreline offers a wide breadth of programs for all ages. Silver Bay YMCA presently employs 45 full-time staff members with a seasonal staff of 200. Silver Bay YMCA is consistently ranked one of the top ten family reunion sites in the country and is on the National Register of Historic Places with the U.S. Department of the Interior. As a mission-based charity, Silver Bay YMCA offers outreach programs in addition to its core activities as a premier conference and family retreat center. Those activities include:

- Silver Bay YMCA Teen Center in Ticonderoga (Free access for local teens)
- Open Pathways (Access to Silver Bay YMCA for all)
- Youth and Government Program (covering Queensbury to Ticonderoga)
- Cancer Respite Program (Free respite for those fight and recovering from cancer)
- Military R and R Program (Free getaway for recently deployed veterans and their families)
- Brookside Trinity Ministry (Free respite and sabbatical getaways for clergy)
- Vacations Made Possible (Free getaways for underprivileged families)
- Silver Bay's Annual e-Waste day collects over 3,000 lbs. of unwanted electronics for recycling.

OUR MISSION: To foster relationships, strengthen communities, and nurture spirit, mind and body for all.

Our IMPACT: Because of Silver Bay YMCA, connections between people and family are stronger. People are more connected, respectful and caring. They have the confidence to develop to their full potential and to positively impact the communities in which they work and live. As a result, communities are more dynamic, inclusive and diverse. As stewards of Lake George, we inspire people to be stewards of the environment while they are visiting our magnificent campus and in their home communities.

www.silverbay.org