# A Conference and Family Retreat Center on Lake George

\$ = There is a charge for this event, limited entries, sign up in advance at the Front Desk. Schedule subject to change.

# **ONGOING ACTIVITIES**

Meals in the William Boyd Center **Breakfast:** 7:30 a.m. – 9:00 a.m. **Lunch:** 11:30 a.m. – 1:00 p.m. **Dinner:** 5:30 p.m. - 7:00 p.m.

#### Collins equipment cart

(shuffleboard, disc golf, cornhole, badminton, tennis, etc.) Coloring pages in the library Nature scavenger hunt (pick up booklet at Library) Fitness Center

**WBC Fitness Center** Hiking Trails

# Friday 5/24

#### **Boathouse Open Hours** 1:00 p.m. - 5:00 p.m.

**Fitness with Friends** 4:00 p.m. - 5:00 p.m. in Fisher Gym

## Trivia Night

7:30 p.m. - 8:30 p.m. William Boyd Center Board Room

## Saturday 5/25

#### **Birding Walk**

9:00 a.m. - 10:30 a.m. Easy or moderate hike. Leaves from Inn Porch.

#### Morning Yoga

10:00 a.m. - 11:00 a.m. at Fisher Gym

#### Archery Open Hours

10:00 a.m. – 12:00 p.m.

#### **Rock Wall Vertical Climbing**

10:00 a.m. - 12:00 p.m. at Fisher Gym

#### **Nature Crafts**

11:00 a.m. - 12:00 p.m. at Fisher Gym

#### **Archery and Boathouse**

Open Hours 1:00 p.m. - 4:00 p.m.

#### Silver Spirit Boat Tour \$

1:30 p.m. – 2:30 p.m. 3:00 p.m. - 4:00 p.m.

#### Free Community Concert -Plattsburgh State Gospel Choir

8:00 p.m. - 9:00 p.m. at Auditorium

#### Fireworks from the ERC service road Thank you Phinney Design Group 9:00 p.m. - 9:30 p.m.

#### Campfire & S'mores

9:00 p.m. - 10:00 p.m. Watson Lawn

## Sunday 5/26

### Re-dedication of the Memorial Garden 8:30 a.m. at the Memorial Garden

Community Choir Rehearsal 9:00 a.m. Sunday Service 10:00 a.m.

All services at the chapel.

#### Family Field Day Open to the community 1:00 p.m. - 3:00 p.m. on Collins Lawn

Face Painting (all ages) Carnival Games (all ages) **Gaga Ball** 1:00 p.m. (Ages 7 – 12)

Horseshoes 1:00 p.m. (ages 13+)

Cornhole 2:00 p.m. (Ages 13+) \$

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SILVER BAY YMCA

(Ages 10 - 13, and ages 14+)

#### Micro Disc Golf Tournament

(Youth: Ages 8 – 12, Teens: ages 13 – 17, Adult M/W: ages 18+)

Water Balloon Toss 1:30 p.m. (ages 6+) Egg Relay Race

#### Silver Spirit Boat Tour \$

1:30 p.m. – 2:30 p.m. 3:00 p.m. – 4:00 p.m. 4:30 p.m. – 5:30 p.m.

#### Pie & Watermelon Eating Contests

(ages 13+)

3:00 p.m. - 3:30 p.m. Collins Lawn

#### Softball Game

4:00 p.m. - 5:00 p.m. Softball Field

#### Memorial Day BBQ

5:30 p.m. - 7:00 p.m. in Front of William Boyd Center Dining Hall

#### Karaoke Night

7:00 p.m. – 9:00 p.m. at Watson

# Monday 5/27

## Memorial Day Remembrance Salute

6:30 a.m. 6:45 a.m. at the Flagpole

#### Morning Hike & Stretch

6:45 a.m. – 8:30 a.m. Leaves from the Flagpole, hike to Inspiration Point.

#### Movie Night

7:00 p.m. - 9:00 p.m. WBC Boardroom

SILVER BAY YMCA 87 Silver Bay Road Silver Bay NY 12874

518.543.8833 www.silverbay.org

